



FOR IMMEDIATE RELEASE

March 28, 2020

YADKIN COUNTY ANNOUNCES FIRST CONFIRMED COVID-19 CASE

One Yadkin County resident has tested positive for novel coronavirus (COVID-19). The individual is doing well and is in isolation at home.

County Human Services Agency officials are identifying close contacts to monitor symptoms and contain any potential spread. To protect the individuals' privacy, no further information about them will be released.

The Yadkin County Human Services Agency is continuing to collaborate with the N.C. Department of Health and Human Services (NCDHHS), other local health departments and health care providers as well as community partners, including the Yadkin County Emergency Management Office, to respond to the situation and prepare for any future potential local cases.

Most people impacted by COVID-19 experience mild symptoms and are able to fully recover at home. Mild symptoms are defined as having fever and cough. Treatment is focused on symptom management. NC DHHS guidance released on March 23, 2020 recommends that people with mild symptoms consistent with COVID-19 do NOT need testing and should be instructed to stay home to recover. Coming out to be tested may spread illness to others in the community, including those with a higher risk of complications. Anyone who develops mild symptoms should self-isolate at home until it has been at least 7 days since symptom onset and 72 hours since symptom resolution (including no fever without the use of fever reducing medication and improved respiratory symptoms).

County officials suggest residents should take the following standard precautions to help protect themselves and others from this respiratory illness:

- If you are sick, stay home and call your doctor
- Adhere to shelter in place and mass gathering orders and practice social distancing. Social distancing means the avoidance of crowded places and maintaining distances of at least six feet from other people.
- Wash hands frequently with soap and water, and for at least 20 seconds each time.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are ill.
- Cover your mouth and nose with a tissue when you cough or sneeze.
- Do not reuse tissue after coughing, sneezing, or blowing your nose.
- Clean and disinfect surfaces that are frequently touched.
- Have a plan in case you need to miss work or other responsibilities due to personal illness or to care for a sick family member.
- People over 65 or who have chronic health conditions, who are at high risk of severe illness from the virus, are especially advised to adhere to these precautions.

Residents with general questions about COVID-19 can call NC 2-1-1 by dialing 2-1-1 or 888-892-1162. Residents can also reach the Human Services Agency through the following email: virusinfo@yadkincountync.gov

Additional information related to COVID-19 can be found by visiting the following resources:

- NC DHHS: www.ncdhhs.gov
- CDC: www.cdc.gov
- Yadkin County, NC: <https://www.yadkincountync.gov/>

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